4 Bananas

5 navel oranges

1 cube of firm tofu

1 yellow onion

1 cucumber

1 cauliflower

Sliced bread

Pita bread

1 can of whole kernel corn

1 can cream of chicken soup

Calrose, medium-grain rice

White sugar

Vanilla extract

1 Mountain High plain yogurt

2 gallons nonfat milk (one for Thomas)

2 cartons 18-count eggs

Sweet, salted butter

Toothpaste (Sensodyne, fresh mint, not rapid relief, green on the box), if on sale

Emergen-C, if orange or tangerine flavor available

Printer paper (Thomas)